

"CASCARETS" FOR A BILIOUS LIVER

For sick headache, bad breath,
Sour Stomach and
constipation.

Get a 10-cent box now.
No odds how bad your liver, stomach
or bowels; how much your head
aches; how miserable and uncomfort-
able you are from constipation, indiges-
tion, biliousness and sluggish bowels
—you always get the desired results
with Cascarets.

Don't let your stomach, liver and
bowels make you miserable. Take
Cascarets to-night; put an end to the
headache, biliousness, dizziness, nerv-
ousness, sick, sour, say stomach,
backache and all other distress;
cleanse your inside organs of all the
bile, gases and constipated matter
which is producing the misery.

A 10-cent box means health, happi-
ness and a clear head for months.
No more days of gloom and distress
if you will take a Cascaret now and
then. All stores sell Cascarets. Don't
forget the children—their little in-
sides need a cleansing, too. Adv.

Muscular Religion.

Bishop Cross said the other day of
a clergyman who advocated a stand-
ing army:

"Muscular Christianity is all very
well in its way, no doubt, but when-
ever I see an ebullition of it I think
of the revivalist.

"A revivalist on a street corner was
a good deal annoyed by a group of
rough young men. Glaring at these
young men, he said:

"Let us now kneel in prayer, and
if that young fellow with the bare
lip interferes with me again while I'm
praying I'll break his jaw, if I do
seven years' hard labor for it."—New
Orleans States.

TAKE A GLASS OF SALTS WHEN BLADDER BOTHERS

Harmless to Flush Kidneys and Neu-
tralize Irritating Acids—Splendid
for the System.

Kidney and Bladder weakness result
from uric acid, says a noted authority.
The kidneys filter this acid from the
blood and pass it on to the bladder,
where it often remains to irritate and
inflame, causing a burning, scalding
sensation, or setting up an irritation
at the neck of the bladder, obliging
you to seek relief two or three times
during the night. The sufferer is in
constant dread, the water passes
sometimes with a scalding sensation
and is very profuse; again, there is
difficulty in avoiding it.

Bladder weakness, most folks call
it, because they can't control urina-
tion. While it is extremely annoying
and sometimes very painful, this is
really one of the most simple ailments
to overcome. Get about four ounces
of Jad Salts from your pharmacist and
take a tablespoonful in a glass of
water before breakfast, continue this
for two or three days. This will neu-
tralize the acids in the urine so it no
longer is a source of irritation to the
bladder and urinary organs which then
act normally again.

Jad Salts is inexpensive, harmless,
and is made from the acid of grapes
and lemon juice, combined with lithia,
and is used by thousands of folks who
are subject to urinary disorders caused
by uric acid irritation. Jad Salts is
splendid for kidneys and causes no
bad effects whatever.

Here you have a pleasant, efferves-
cent lithia-water drink, which quickly
relieves bladder trouble.—Adv.

Personal Viewpoint.

"What's your objection to strikes?"
asked Mr. Rafferty.

"Well," replied Mr. Dolan, "the way
I feel about strikes is that if you're
rich enough to be able to afford them
you don't feel like taking the trouble."

Important to Mothers

Examine carefully every bottle of
CASTORIA, a safe and sure remedy for
infants and children, and see that it

Bears the
Signature of *Chas. H. Fletcher*
In Use For Over 30 Years.
Children Cry for Fletcher's Castoria

The Natural Ones.

"Are they making any changes in
that broom factory?"

"Oh, yes; sweeping ones."

No thoughtful person uses liquid blue. It's
a pinch of blue in a large bottle of water.
Ask for Red Cross Ball Blue. Adv.

Naturally.

"There is an astronomer who has a
role in this play."

"Does he play the star part?"

Your family Doctor can't do more for
your cough than Dean's Mentholated
Cough Drops; "they cure"—So at Druggists.

A woman seldom accepts her hus-
band's excuses at par.

COLORS NOT FAVORED

GIRLISH EVENING GOWNS FASH-
IONED IN ALL-WHITE.

Even the Trimming of Fur, So Popu-
lar Just Now, Is of That Color—
Silver Gauze Adds to Ef-
fectiveness.

The all-white dress is so appropri-
ately satisfactory for girlish evening
gowns that one can hardly be sur-
prised they are seen more than colors,
writes Lillian E. Young in the Wash-
ington Star. White chiffon and mes-
saline silk are used together in the
dainty model of the sketch, with only
the bands of dark fur by way of con-
trast, and if desired this, too, may be
kept white by substituting ermine, rab-
bit or coney skin, or even white mara-
bout.

Use white net for an underwaist.
The overblouse of chiffon has a double
corded puffing to finish the décolleté,
with a tiny heading just inside.
Short sleeves are cut in one and given
a banding of fur and double ruffling



All-white Evening Frock in Chiffon
and Satin.

of self-material. A wide girdle of the
silk ties in a butterfly bow in front
that is edged with fur.

The tunic is in two flounces—the
lower one attached to a plain net foun-
dation that is veiled by the upper
one. Both are mounted with tiny
folds instead of gathers, and bordered
with fur. In front they are lifted a
little above the round length by means
of a box fold caught up under the
girdle, where the butterfly bow forms
a heading for it.

LITTLE THINGS THAT HELP

Dainty Boudoir Accessories Need Not
Be Costly, and Will Take Only
a Short Time to Make.

Do you know how quickly one of
the big hanging sachets for the dress
closet can be made? All there is to
it is a cretonne bag, 12 by 9 inches,
easily opened for the renewing of the
perfume, and hung from a cretonne-
wound coat hanger. This need not
cost more than a quarter, and can be
made in an hour.

Have you seen the sachets made
from a yard of five-inch gauze ribbon
—a bag for the sachet powder made
from the doubled end and the rest
used for a big bow and hangers? Use
rose-colored gauze for dried rose
leaves and lilac ribbon for holding
dried sweet lavender. The drug
stores sell both.

Have you examined the little hook
racks for the back of one's dressing
table chair? Cover with cretonne two
strips of pasteboard about 9 by 2
inches. On one sew a row of large
hooks, such as are used on fur gar-
ments. Overhang the two bits of
covered pasteboard together, attach
a strip of folded cretonne for a hanger
—and there you are!

Topaz a Spring Color.

Topaz is the novelty color of the
spring season, returning to fashion,
after long absence, with the jewel of
that name. It runs from dark to light
in the whole gamut of tones. Those
darker are desirable for women who
wish the ultra-fashionable color used
for their spring suit. It goes best with
a creamy complexion.

The skirt is draped from the waist
at center front and gives the desired
pannier fullness under the hips.

Silver gauze is much used with
white for the evening, and a sugges-
tion that may meet with approval is
to use some for the girdle and hair
bandeau in this same design.

MEDICI COLLAR WINS FAVOR

Excellent Reasons for Popularity of
This Almost Universal Evening
Adornment.

Medici collars flourish at evening
functions, where they appear on fully
half of the lately launched model
gowns. The reason for their vogue is
obvious, since they conceal the ugly
back which disfigures many an other-
wise pretty woman, or the scrawny
shoulders of the immature girl. Jew-
eled net or chiffon, beaded malines or
tinsel lace are made into these quaint
collars, which are of even height at
the back and sides and only flare
broadly at their ends, where the wired
edge is bent into a decided curve.

Antique laces—the wonderful
creamy-toned meshes of French, Span-
ish or Italian origin—make up into
the most stunning of Medici collars.
They frequently are the only touches
of lace about evening gowns or the
equally stunning confections worn at
afternoon receptions.

Plain and white linen, ajour bor-
dered, is the chic thing in Medici col-
lars for afternoon house gowns in
velvet or satin. At first, this com-
bination impresses the beholder as
very odd, but the very simplicity of
the humble neck finishing on a gown
of handsome fabric, proves attractive.
Moreover, it has the allure of the un-
expected.

DIVIDES WORLD OF FASHION

Question of Voluminous Wrap or Ki-
monos Is Agitating the Paris-
ian Smart Set.

A secret war is being waged in Paris
in the world of wraps. On one side we
have the old-world "boppelande" coat,
which is immensely wide at the hem
and which recalls the garments of the
mid-Victorian period; on the other side
we find the adorers of kimono out-
lines. And for the kimono there is
very much to be said of a favorable
description.

It is a curious fact that though
almost all kimonos are alike in out-
line, each one becomes individual
when draped on the figure. I know
of no other garment which so lends
itself to individual arrangement.
Worn by women of ordinary mind and
little imagination, a simple satin ki-
monos will seem the most ordinary of
ordinary garments. But let the same
wrap be worn by a woman of different
temperament and immediately it be-
comes filled with malicious charm.—
New York Herald.

Coat Linings in Chinese Effects.

Coat linings are of "crepe Chinese
pompadour." It has bright stencil fig-
ures on a contrasting crepe ground
and has something very Chinese in
its character, as its name indicates,
in spite of the pompadour color com-
binations.

Crocheted Hoods.

Hoods, boas and muffs, crocheted of
soft wool, make charming and practi-
cal sets for children to wear in win-
ter. Or sweaters and hoods can be
crocheted to match.

TWO FRENCH BAGS



Two French bags made of the same
silver coin bag. The purse at the
left is of striped moire, of which the
silver top is heavily set with precious
stones.

Avoid fried foods, for the sake of
your complexion.

HINTS FROM SCOTLAND

POPULAR DISHES IN THE LAND
OF THE THISTLE.

MacHaggis Masterpiece Has Long
Been a Favorite—Scotch Wood-
cock Deserves to Be Better
Known—Famous Squeak.

By LIDA AMES WILLIS.

The MacHaggis Masterpiece—Take
the stomach of a sheep, wash it well
and let it soak several hours in cold
salt water. Then turn inside out, put
in boiling water, scrape quickly with
a sharp knife and let it remain in the
water while you proceed to clean the
sheep's pluck thoroughly. Pierce the
heart and liver in several places and
let the blood run out; then boil the
liver and lights for one and a half
hours. After they have boiled fifteen
minutes, pour off the water and add
freshly boiling water. During the last
half hour boil the rest of the pluck
with them. Trim off the skin and
discolored parts. Grate or crumble
finely half the liver and mince the
rest fine, add a pound of finely shred-
ded suet, two minced onions, a cup-
ful of oatmeal or half a pound of oat
cakes toasted and rolled, two tea-
spoonfuls of salt, one of pepper, or
season to taste; half a grated nut-
meg and pinch of cayenne. Moisten
with a cupful of good gravy or stock
and the juice of a lemon, not too
large. Have ready a bag made of
"pudding cloth," turn it in, allowing
room for its swelling; sew it up se-
curely and drop into a kettle of boil-
ing water. Keep boiling gently, but
steadily, for three hours. Prick the
bag with a large darning needle now
and then to let the air escape. Serve
it hot as possible, without gravy or
sauce. Our authority advises a wee
drap o' Talisker as an accompani-
ment.

Scotch Woodcock—Cut three slices
of bread about half an inch thick,
trim off the crust and toast quickly
until a nice brown; butter both sides
and spread one side thickly with an-
chovy paste. Arrange on a hot dish,
cover and keep warm. Beat the yolks
of four eggs with a pinch of cayenne
pepper until they are smooth and
creamy, then pour over them, stirring
constantly, a large cupful of hot cream
or rich milk. Stir and cook over hot
water until this sauce thickens and
then pour at once over the toast and
serve.

Scotch Buns—Use a light raised
dough, as for French rolls, working in
plenty of butter. Divide into portions,
as for dumplings; spread out and
place in centers a walnut-sized ball
of chopped raisins, almonds, citron,
currants and spices held together with
a paste of butter and flour. Form into
round dumplings, flatten a little, notch
in the side with sharp knife and let
them rise quite light. Brush over
with beaten egg and bake.

Bubble and Squeak—This is English
as well as Scotch. As its name in-
dicates, it is not a dish for high-toned
ceremonious occasions. It is cold
roast beef and cold cooked cabbage
fried together in drippings of the
beef.

Scotch Collops—Take a pound of
the best rump steak minced fine. Heat
two ounces of butter in an iron
spider, turn in the meat and stir
about and stew for ten minutes, then
add salt and pepper and a cup of hot
water or milk and let simmer gently
for an hour. Thicken with a dessert-
spoonful of flour mixed with a table-
spoonful of cold water. Let all boil
up for a few minutes and serve on
strips of toast. A dessert-spoonful of
Worcestershire sauce may be added to
the collops, if desired.

Boiled rice, boiled well until it is
light and flaky, eaten with thick cream
and a bit of nutmeg, can well be the
staple dish at breakfast for grown-
up or child. The fats in the cream
supplement the good qualities of the
rice in just the right manner.

Frankfort Sausages.

Boil the sausages in mild beer or
water (gently) enough to cover them
for three-quarters of an hour, then
 fry for 15 minutes in butter; serve,
garnish with water cress and sweet-
ened apple sauce. Time, one hour.

Making Orange Stick Handy.

Fasten the orange wood stick to
the side of the washstand by a cord.
Children are less likely to forget when
the "cleanser" is handy, and the nails
also clean more easily when the hands
are moist.

For School Lunch.

When preparing school or other
luncheons, add oranges which have
been skinned, divided into sections
and wrapped separately in waxed pa-
per. They are easy to eat and will
take the place of liquid drink. Hard
boiled eggs should be similarly
wrapped for the box luncheon.

For Your Grinder.

Glycerin is a good lubricant for the
meat or vegetable grinder, because it
does not leave an unpleasant odor if
brought in contact with the meat.

PLEASE PUBLISH THIS LETTER

Writes Lady Who can Now Walk Four
Miles a Day Without Feel-
ing Tired.

Boydton, Va.—Mrs. Fannie Boyd, of
this town, says: "I am sure I would
have been in my grave, had it not
been for Cardui, the woman's tonic,
and I certainly cannot praise it
enough, for it is worth its weight in
gold. I am, today, a walking adver-
tisement for Cardui.

Before taking Cardui, I could hardly
walk across the floor, I was so weak.
I underwent an operation last spring
for womanly trouble, but felt no better.

After using 8 bottles of Cardui, the
woman's tonic, my ulcers were all
gone, I can eat hearty without suffer-
ing any pain, feel fine in every way,
work all day, and can walk four miles
a day without feeling tired.

Please publish this letter, as I would
like for every woman to know what
Cardui did for me."

Many letters, similar to the above,
come to us, unsolicited, every day.
This one should surely convince you
of the merit of Cardui, as it expresses
the earnest sentiment of a lady who
has tried it.

If you suffer from any of the numer-
ous ailments so common to women,
such as headache, backache, nervous-
ness, weakness, pains in sides and limbs,
sleeplessness, etc., begin taking Cardui
today. It will help you, as it has helped
so many others, in the past half century.

N. B.—Write to Ladies' Advisory Dept., Chat-
tahoga Medicine Co., Chattanooga, Tenn., for
Special Instructions, and 64-page book, "Home Treat-
ment for Women," sent in plain wrapper, on
request. Adv.

His Attitude.

"The street car strap-hanger—"
"Oh, he's a standing joke!"—Balti-
more American.

Children seldom realize how well off
they are until they grow up—and then
the circus parade has passed.

Keep Your Digestion Normal

and you will have the
secret of continued good
health—allow it to be-
come impaired and you
weaken the entire sys-
tem. For any disturb-
ance of the Stomach,
Liver and Bowels try

**HOSTETTER'S
STOMACH BITTERS**

You will find it beneficial in every way

**EC-ZENE OIL
AND SOAP**
CURES ECZEMA AND ALL SKIN
GUARANTEED AFFLICTIONS

OIL 50c — \$1 — SOAP 25c

Send ten cents for samples

EC-ZENE CO., ST. PAUL, MINN.

**PARKER'S
HAIR BALM**
A perfect preparation of merit.
Helps to eradicate dandruff.
For Restoring Color and
Beauty to Gray or Faded Hair.
50c and \$1.00 at Druggists.

Oklahoma Directory

**PATENTS THAT SECURE
BARNAGLO**

THE PATENT MAN, BASSETT BLDG., 115 1/2
NO. BROADWAY, OKLAHOMA CITY, OKLA.

SAVE YOUR HOGS FROM CHOLERA

by use of Anti Hog Cholera Serum manu-
factured under Government Inspection. Write
today for free particulars. Wichita-Okla-
homa Serum Co., Stock Yards, Okla. City.

My Free Book

on Chronic Diseases of Men, 95 pages mailed
to any address on receipt of two cent stamp.
15 years in Oklahoma City. All correspond-
ence confidential, and solicited. Dr. G. P. Wahl,
Specialist, 118 1/2 W. Main St., Okla. City, Okla.

Serum Will Save Your Hogs From Cholera

Write for free booklet. We manufacture our
Serum at our plant at Oklahoma City, Oklahoma.
State Veterinary in charge. OKLAHOMA STOCK
YARDS SERUM COMPANY, PHONE WAL-
NUT 382, OKLAHOMA CITY, OKLAHOMA

PILES Cures guaranteed. No knife
—no treatment. Twenty-
five years' experience. Call
or write, enclosing stamp for book on
Chronic Diseases. DR. SELWAY, 119 1/2
N. Broadway, Oklahoma City, Okla.